



5th International Geriatric Diabetes Workshop Agenda

OLDER ADULTS WITH DIABETES

SEPTEMBER 5-6, 2024 | WALTHAM, MA, USA

THURSDAY, SEPTEMBER 5

DAY 1: OLDER ADULTS WITH TYPE 1 DIABETES

8:00 – 8:10 am	WELCOME AND PROGRAM OVERVIEW
8:10 – 9:40 am	SESSION 1: The current state of care
9:40 – 10:10 am	SESSION 2: Important comorbidities and conditions
10:10 – 10:20 am	COFFEE BREAK
10:20 – 11:50 am	SESSION 3: Use of technology: Patient Perspective
11:50 am – 12:50 pm	LUNCH
12:50 – 2:20 pm	SESSION 4: Transition of Care
2:20 – 2:30 pm	COFFEE BREAK
2:30 – 4:00 pm	SESSION 5: Developing goals for glycemia (CGM metrics) and technology use
4:00 – 5:00 pm	SESSION 6: Regulatory, administrative and reimbursement concerns
6:00 – 9:00 pm	DINNER RECEPTION

FRIDAY, SEPTEMBER 6

DAY 2: OLDER ADULTS WITH TYPE 1 DIABETES AND TYPE 2 DIABETES ON COMPLEX INSULIN THERAPY

8:00 – 8:30 am	SESSION 1: Unique characteristics of older adults with type 1 or type 2 diabetes on complex insulin regimen
8:30 – 9:30 am	BREAKOUT SESSION: hands on training on using technology with physical barriers which are encountered by older adults with diabetes
9:30 – 9:40 am	COFFEE BREAK

5TH INTERNATIONAL GERIATRIC DIABETES WORKSHOP AGENDA

SEPTEMBER 6, 2024 (cont.)

9:40 – 11:00 am	SESSION 2: Ask me!!!! Session by older adults and their caregivers
11:00 – 11:20 am	SESSION 3: Approaches to managing older adults with type 1 or type 2 diabetes with complex insulin regimen in a variety of settings
11:20 am – 12:30 pm	BREAKOUT SESSION: Small group discussion about availability, use, challenges of use of technology in various living situations
12:30 – 1:30 pm	LUNCH
1:30 – 2:00 pm	Realignment strategies for older adults struggling with current regimens
2:00 – 3:00 pm	BREAKOUT SESSION: Group case-studies discussion followed by group presentations on realignment strategies developed
3:00 – 3:15 pm	COFFEE BREAK
3:15 – 5:00 pm	Group download and analyze data from the wearable devices from Day 1 <i>Fellows will also learn how to troubleshoot common diabetes technology problems</i>