



7th International Geriatric Diabetes Workshop Agenda

NOVEMBER 11-13, 2026 | BOSTON, MA, USA

WEDNESDAY, NOVEMBER 11

Preconference invitation only session:

1:00-5:00 PM

OUTCOMES OF INTEREST IN GERIATRIC DIABETES

20 KOL invited with goal of developing a suite of geriatric diabetes outcomes and statement detailing recommendations for use in research and clinical practice.

THURSDAY, NOVEMBER 12

7:00-8:00 AM

BREAKFAST

8:00-8:20 AM

WELCOME & INTRODUCTORY REMARKS

SESSION ONE: WHY DIABETES CARE MUST CHANGE WITH AGING (CME)

8:25-8:45 AM

Unique aspects of aging that intersect with diabetes

8:45-9:05 AM

Pre-diabetes in aging population. When and How to treat

9:05-9:25 AM

Type 1, and Type 2: Key diagnostic differences and why accurate diagnosis matters for treatment and safety in aging population

9:25-9:45 AM

Outcomes of interest for clinical care and research related to aging and Diabetes

9:45-10:15 AM

Question & Answer/Panel Discussion

10:15-10:30 AM

Break/Exhibits

SESSION TWO: NEW THERAPEUTICS: HOW CLINICAL PRACTICE IS CHANGING (CME)

10:30-10:50 AM

SGLT-2 Inhibitors: a game-changer for aging hearts and kidneys

10:50-11:10 AM

Single / Dual / Triple Agonists: Next frontier in aging and diabetes

11:10-11:30 AM

Weekly insulins- Will it be as good as it sounds for older adults?

11:30-11:50 AM

Obesity in aging population: same or different approach?

11:50-12:20 PM

Question & Answer/Panel Discussion

12:20-12:40 PM

BREAK

12:40- 1:40 PM

LUNCH/INDUSTRY-SPONSORED PROGRAM (NON-CME)

7TH INTERNATIONAL GERIATRIC DIABETES WORKSHOP AGENDA

SESSION THREE: DOES TECHNOLOGY MATTERS MORE WITH AGING? (CME)

2:00-2:20 PM	Right technology, right patient: A geriatric framework for technology use
2:20-2:40 PM	CGM metrics vs A1C: modern glucose targets for older adults
2:40-3:00 PM	A1D in aging population: improving glycemia safely vs complexity
3:00-3:20 PM	Dual glucose Ketone monitoring: Who, Why, and How in aging population
3:20-3:50 PM	Question & Answer/Panel Discussion

3:50-4:05 PM **BREAK/VISIT POSTERS/EXHIBITS**

SESSION FOUR: HANDS ON DEVICE EXPERIENCE (CME)

4:05-5:30 PM	Overview of Current Device Technology <ul style="list-style-type: none">▶ Track A: Understanding physical barriers faced by older adults with diabetes▶ Track B: Unfolding mystery of A1D adoption in older adults▶ Track C: Assessing Tech-readiness in Frail and Cognitively impaired persons Need for Novel Metrics
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6:00-9:00 PM **POSTER RECEPTION/EXHIBITS/NETWORKING DINNER RECEPTION**

FRIDAY, NOVEMBER 13

7:00-8:00 AM **BREAKFAST**

8:00-8:15 AM **WELCOME & INTRODUCTORY REMARKS**

SESSION FIVE: WEAVING DIABETES AND GERIATRIC SYNDROM (CME)

8:15-8:35 AM	Frailty, cognition, and individualized glycemic targets
8:35-8:55 AM	Digital technology for remote cognitive and functional assessment
8:55-9:15 AM	CGM use in cognitive decline: safety, alerts, and caregiver integration
9:15-9:35 AM	Weight, Muscle and metabolic health – novel therapeutics that can help aging well with diabetes
9:35-10:05 AM	Question & Answer/Panel Discussion

10:05-10:20 AM **BREAK/VISIT POSTERS/EXHIBITS**

SESSION SIX: TECHNOLOGY, SYSTEMS, AND IMPLEMENTATIONS (CME)

10:20-10:40 AM	System-based consideration for CGM and A1D adoption for aging
10:40-11:00 AM	Technology in Long-term care – it must not be an option anymore.
11:00-11:20 PM	Do Quality Improvement Metric need to change for diabetes care with aging spectrum?
11:20-11:40 PM	Policy and advocacy for aging population with diabetes
11:40-12:10 PM	Question & Answer/Panel Discussion

12:10-12:30 PM **BREAK**

7TH INTERNATIONAL GERIATRIC DIABETES WORKSHOP AGENDA

12:30- 1:30 PM **LUNCH/INDUSTRY-SPONSORED PROGRAM (NON-CME)**

SESSION SEVEN: CARE CONSIDERATIONS WITH AGING (CME)

1:40–2:00 PM Pride and fears of aging with diabetes

2:10–2:35 PM CGM /AID / DGK: Patient perspectives

2:35–3:00 PM Challenges of care partnering and caregiving with aging and diabetes

3:00–3:20 PM Zero-harm Goals: Who, When, Why, and How to define and achieve them

3:20-3:50 PM Question & Answer/Panel Discussion

3:50–4:05 PM **BREAK/VISIT POSTERS/EXHIBITS**

4:05–5:30 PM **BREAKOUT TRACKS (CME)**

- ▶ Track A: End-of-life considerations and role of technology for palliative care
 - ▶ Track B: Realignment of complex strategies when treatment is not working
 - ▶ Track C: Practical consideration for onboarding older patients on AID
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5:30 PM **CONCLUSION**