



# 7th International Geriatric Diabetes Workshop Agenda

NOVEMBER 11-13, 2026 | BOSTON, MA, USA

## WEDNESDAY, NOVEMBER 11

Preconference invitation only session:

**1:00-5:00 PM**      **OUTCOMES OF INTEREST IN GERIATRIC DIABETES**  
20 KOL invited with goal of developing a suite of geriatric diabetes outcomes and statement detailing recommendations for use in research and clinical practice.

## THURSDAY, NOVEMBER 12

**7:00-8:00 AM**      **BREAKFAST**

**8:00-8:20 AM**      **WELCOME & INTRODUCTORY REMARKS**

### SESSION ONE: WHY DIABETES CARE MUST CHANGE WITH AGING (CME)

**8:25-8:45 AM**      Unique aspects of aging that intersect with diabetes  
**8:45-9:05 AM**      Pre-diabetes vs Stage II Type II Diabetes in aging population. When and How to treat  
**9:05-9:25 AM**      Type 1, and Type 2: Key diagnostic differences and why accurate diagnosis matters for treatment and safety in aging population  
**9:25-9:45 AM**      Outcomes of interest for clinical care and research related to aging and Diabetes  
**9:45-10:15 AM**      Question & Answer/Panel Discussion  
**10:15-10:30 AM**      Break/Exhibits

### SESSION TWO: NEW THERAPEUTICS: HOW CLINICAL PRACTICE IS CHANGING (CME)

**10:30-10:50 AM**      SGLT-2 Inhibitors: a game-changer for aging hearts and kidneys  
**10:50-11:10 AM**      Single / Dual / Triple Agonists: Next frontier in aging and diabetes  
**11:10-11:30 PM**      Weekly insulins- Will it be as good as it sounds for older adults?  
**11:30-11:50 PM**      Obesity in aging population: same or different approach?  
**11:50-12:20 PM**      Question & Answer/Panel Discussion

**12:20-12:40 PM**      **BREAK**

**12:40- 1:40 PM**      **LUNCH/INDUSTRY-SPONSORED PROGRAM (NON-CME)**

# 7TH INTERNATIONAL GERIATRIC DIABETES WORKSHOP AGENDA

## SESSION THREE: DOES TECHNOLOGY MATTERS MORE WITH AGING? (CME)

2:00-2:20 PM	Right technology, right patient: A geriatric framework for technology use
2:20-2:40 PM	CGM metrics vs A1C: modern glucose targets for older adults
2.40-3.00 PM	AID in aging population: improving glycemia safely vs complexity
3:00-3:20 PM	Dual glucose Ketone monitoring: Who, Why, and How in aging population
3:20-3:50 PM	Question & Answer/Panel Discussion

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## 3:50-4:05 PM BREAK/VISIT POSTERS/EXHIBITS

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## SESSION FOUR: HANDS ON DEVICE EXPERIENCE (CME)

4:05-5:30 PM	Overview of Current Device Technology <ul style="list-style-type: none"><li>▶ Track A: Understanding physical barriers faced by older adults with diabetes</li><li>▶ Track B: Unfolding mystery of AID adoption in older adults</li><li>▶ Track C: Assessing Tech-Readiness in Frail and Cognitively Impaired Persons</li></ul>
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## 6:00-9:00 PM POSTER RECEPTION/EXHIBITS/NETWORKING DINNER RECEPTION

## FRIDAY, NOVEMBER 13

7:00-8:00 AM BREAKFAST

8:00-8:15 AM WELCOME & INTRODUCTORY REMARKS

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## SESSION FIVE: WEAVING DIABETES AND GERIATRIC SYNDROM (CME)

8:15-8:35 AM	Frailty, cognition, and individualized glycemic targets
8:35-8:55 AM	Digital technology for remote cognitive and functional assessment
8:55-9:15 AM	CGM use in cognitive decline: safety, alerts, and caregiver integration
9:15-9:35 AM	Weight, Muscle and metabolic health – novel therapeutics that can help aging well with diabetes
9:35-10:05 AM	Question & Answer/Panel Discussion

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## 10:05-10:20 AM BREAK/VISIT POSTERS/EXHIBITS

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## SESSION SIX: TECHNOLOGY, SYSTEMS, AND IMPLEMENTATIONS (CME)

10:20-10:40 AM	System-based consideration for CGM and AID adoption for aging
10:40-11:00 AM	Technology in Long-term care – it must not be an option anymore.
11:00-11:20 PM	Do Quality Improvement Metrics need to change for diabetes care with aging spectrum?
11:20-11:40 PM	Policy and advocacy for aging population with diabetes
11:40-12:10 PM	Question & Answer/Panel Discussion

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## 12:10-12:30 PM BREAK

12:30- 1:30 PM LUNCH/INDUSTRY-SPONSORED PROGRAM (NON-CME)

## SESSION SEVEN: CARE CONSIDERATIONS WITH AGING (CME)

1:40-2:00 PM Pride and fears of aging with diabetes

## 7TH INTERNATIONAL GERIATRIC DIABETES WORKSHOP AGENDA

2:10–2:35 PM	CGM /AID / DGK: Patient perspectives
2:35–3:00 PM	Caregiving for older adults: Adapting care across functional status and goals of care
3:00–3:20 PM	Zero-harm Goals: Who, When, Why, and How to define and achieve them
3:20-3:50 PM	Question & Answer/Panel Discussion
3:50–4:05 PM	<b>BREAK/VISIT POSTERS/EXHIBITS</b>
4:05–5:30 PM	<b>BREAKOUT TRACKS (CME)</b> <ul style="list-style-type: none"><li>▶ Track A: End-of-life considerations and role of technology for palliative care</li><li>▶ Track B: Realignment of complex strategies when treatment is not working</li><li>▶ Track C: Practical consideration for Benefits and Challenge of GLP1 and SGLT2 Use in Older Adults</li></ul>
5:30 PM	<b>CONCLUSION</b>