



7th International Geriatric Diabetes Workshop Agenda

NOVEMBER 12-13, 2026 | BOSTON, MA, USA

THURSDAY, NOVEMBER 12

7:00–8:00 AM **BREAKFAST**

8:00–8:25 AM **WELCOME & INTRODUCTORY REMARKS**

SESSION ONE: WHY DIABETES CARE MUST CHANGE WITH AGING (CME)

8:25–8:45 AM Unique aspects of aging that intersect with diabetes

8:45–9:05 AM Prediabetes: An Outdated Concept?

9:05–9:25 AM Type 1, and Type 2: Key diagnostic differences and why accurate diagnosis matters for treatment and safety in aging population

9:25–9:45 AM Outcomes of interest for clinical care and research related to aging and Diabetes

9:45–10:15 AM Question & Answer/Panel Discussion

10:15–10:30 AM **BREAK/EXHIBITS**

SESSION TWO: NEW THERAPEUTICS: HOW CLINICAL PRACTICE IS CHANGING (CME)

10:30–10:50 AM SGLT-2 Inhibitors: a game-changer for aging hearts and kidneys

10:50–11:10 AM Single / Dual / Triple Agonists: Next frontier in aging and diabetes

11:10–11:30 AM Weekly insulins- Will it be as good as it sounds for older adults?

11:30–11:50 AM Obesity in aging population: same or different approach?

11:50–12:20 PM Question & Answer/Panel Discussion

12:20–12:40 PM **BREAK**

12:40–1:40 PM **LUNCH/INDUSTRY-SPONSORED PROGRAM (NON-CME)**

SESSION THREE: DOES TECHNOLOGY MATTER MORE WITH AGING? (CME)

2:00–2:20 PM Right technology, right patient: A geriatric framework for technology use

2:20–2:40 PM CGM metrics vs A1C: modern glucose targets for older adults

2:40–3:00 PM AID in aging population: improving glycemia safely vs complexity

3:00–3:20 PM Dual glucose Ketone monitoring: Who, Why, and How in aging population

3:20–3:50 PM Question & Answer/Panel Discussion

7TH INTERNATIONAL GERIATRIC DIABETES WORKSHOP AGENDA

3:50–4:05 PM **BREAK/VISIT POSTERS/EXHIBITS**

SESSION FOUR: HANDS ON DEVICE EXPERIENCE (CME)

- 4:05–5:30 PM Overview of Current Device Technology
- ▶ Track A: Understanding physical barriers faced by older adults with diabetes
 - ▶ Track B: Unfolding mystery of AID adoption in older adults
 - ▶ Track C: Assessing Tech-readiness in Frail and Cognitively impaired persons
-

6:00–9:00 PM **POSTER RECEPTION/EXHIBITS/NETWORKING DINNER RECEPTION**

FRIDAY, NOVEMBER 13

7:00–8:00 AM **BREAKFAST**

8:00–8:15 AM **WELCOME & INTRODUCTORY REMARKS**

SESSION FIVE: WEAVING DIABETES AND GERIATRIC SYNDROM (CME)

- 8:15–8:35 AM Frailty, cognition, and individualized glycemic targets
- 8:35–8:55 AM Digital technology for remote cognitive and functional assessment
- 8:55–9:15 AM CGM use in cognitive decline: safety, alerts, and caregiver integration
- 9:15–9:35 AM Weight, Muscle and metabolic health – novel therapeutics that can help aging well with diabetes
- 9:35–10:05 AM Question & Answer/Panel Discussion
-

10:05–10:20 AM **BREAK/VISIT POSTERS/EXHIBITS**

SESSION SIX: TECHNOLOGY, SYSTEMS, AND IMPLEMENTATIONS (CME)

- 10:20–10:40 AM System-based consideration for CGM and AID adoption for aging
- 10:40–11:00 AM Technology in Long-term care – it must not be an option anymore.
- 11:00–11:20 PM Do Quality Improvement Metrics need to change for diabetes care with aging spectrum?
- 11:20–11:40 PM Policy and advocacy for aging population with diabetes
- 11:40–12:10 PM Question & Answer/Panel Discussion
-

12:10–12:30 PM **BREAK**

12:30– 1:30 PM **LUNCH/INDUSTRY-SPONSORED PROGRAM (NON-CME)**

SESSION SEVEN: CARE CONSIDERATIONS WITH AGING (CME)

- 1:40–2:00 PM Pride and fears of aging with diabetes
- 2:10–2:35 PM CGM /AID / DGK: Patient perspectives
- 2:35–3:00 PM Caregiving for older adults: Adapting care across functional status and goals of care
- 3:00–3:20 PM Zero-harm Goals: Who, When, Why, and How to define and achieve them
- 3:20–3:50 PM Question & Answer/Panel Discussion
-

7TH INTERNATIONAL GERIATRIC DIABETES WORKSHOP AGENDA

3:50–4:05 PM

BREAK/VISIT POSTERS/EXHIBITS

4:05–5:30 PM

BREAKOUT TRACKS (CME)

- ▶ Track A: End-of-life considerations and role of technology for palliative care
 - ▶ Track B: Realignment of complex strategies when treatment is not working
 - ▶ Track C: Practical consideration for Benefits and Challenge of GLP1 and SGLT2 Use in Older Adults
-

5:30 PM

CONCLUSION